

NEPTUNBAD – Sports & Spa

Neptunplatz 1
50823 Köln
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HOW TO FIND US

By underground / subway:

Please take line 3 or 4 to **Körnerstraße** stop, take exit Neptunplatz – from there it is only a few minutes walk to Neptunbad.

By commuter rail / S-Bahn / train:

Take the train to the railway station **Ehrenfeld Bahnhof**. Then take either the underground to Körnerstraße stop and continue as described above or walk down Venloerstraße for approximately 8 minutes in the direction of city center until you reach Neptunplatz on the right.

By car:

You can reach Neptunbad car park via Venloerstraße. Please turn into Neptunplatz and follow the road in the direction of Vogelsangerstraße. The entrance to the Neptunbad underground car park is on the right. Please notice, that the entrance to the public underground car park is situated directly next to the Strauss store. At the public car park, public parking fees apply.

For further information find us on [Google Maps](#).



NEPTUNBAD

Sports & Spa
SEIT 1912

Opening Hours

- **Sauna:** daily from 9 am to 12 pm
- **Fitness:** Monday to Friday from 7 am; Saturdays, Sundays and public holidays from 9 am.
- **Christmas Eve & New Year's Eve:** 9 am to 4 pm
- **New Year's Day:** 11 am to 12 pm

Admission Charges for Sauna

MONDAYS TO FRIDAYS

- Daylight 25,50 € (3 hours – Check-in until 11 am)
- Basic pass 28,50 € (3 hours)
- Extension 3,00 € (per 1/2 hour – you pay at most the daily rate)
- Day pass 39,50 €

SATURDAYS, SUNDAYS, PUBLIC HOLIDAYS & CHRISTMAS HOLIDAYS

- Daylight 28,50 € (3 hours – Check-in until 11 am)
- Basic pass 31,50 € (3 hours)
- Extension 3,00 € (per 1/2 hour – you pay at most the daily rate)
- Day pass 42,50 €

SPECIAL OFFERS

- 11 x Daylight 255,00 €
- 11 x Basic pass 285,00 €
- 11 x Day pass 395,00 €

COURSE OFFERS

- 4 x 1 Course of choice 79,00 €
- 10 x 1 Course of choice 179,00 €

VOUCHERS

In our online voucher shop you can order your vouchers and print them out directly at home. You can also find an overview of all special offers: from day tickets, various vouchers etc. to numerous massages and several wellness packages.

Click [here](#) to access our voucher shop.



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SAUNA AT NEPTUNBAD – Relax in Style

Neptunbad offers you two very exceptional sauna areas: the very old and historical sauna area which is still under monument protection and the very modern and Asian-style sauna and pool area. There are also several very atmospheric relaxation rooms and a beautiful sun terrace.

Please note: The wearing of swimwear is not permitted in our saunas, our pools and the complete sauna area. Bathrobes and towels are of course welcome.

OUR RESTAURANT – Enjoy in Style

Our Jugendstilrestaurant is the perfect place to round of your training and wellness day. Our international cuisine offers you excellent menus, light salads, tasteful pasta-dishes and fancy specials. We are specially proud of the high quality of our fresh and rich-in-vitamin ingredients, which guarantee a most enjoyable, healthy and tasty meal!

The BadenBaden restaurant and bar, which is located to the left of the main building, is open to the public and provides a cosy atmosphere and a beautiful beer garden during summer.



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FITNESS – Exercise in Style

In top form and fitter than ever before!

In the unique ambience of our 13 meter high Jugendstil hall located right in the center of Cologne, we offer our members, in our 5.000 square meter facility, the perfect training for every age and any level of fitness. We will help you reach your individual goals, whether it is to raise your level of fitness, to increase your body-strength, to lose weight or to cure those troublesome back problems. Our gym offers a full range of courses and strength and conditioning machines. Our fitness coaches develop in cooperation with you a very personal fitness plan which is tailored to your individual requirements and personal goals.

Please note, that our fitness area is only accessible to members.

Non-member holders of course-passes can participate in all courses.

For further information check out our [course schedule](#).

MEMBERSHIP

As a Premium Club Sports & Spa Center, we are committed to providing an outstanding service to all our members and guests, so that they can enjoy undisturbed fitness and wellness. Join our gym now and enjoy our complete fitness and wellness facilities.

For further information click [here](#).



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NEPTUNBAD SPECIALS – Our Special Packages

Take a break from your daily stress and come and relax in the beautiful ambience of Neptunbad! We offer a great range of wellness packages. Our sauna and pool area provides a wonderfully relaxing atmosphere for short and long visits.

For further information click [here](#).

BEAUTY & MASSAGES

Neptunbad has developed a massage and beauty center of extraordinary quality. In a calm and exclusive atmosphere, we offer a variety of wellness treatments for body and soul.

Please arrange an appointment at our reception or call us:

Telephone: 0221.7100777

For further information click [here](#).



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