

# NEPTUNBAD – Sports & Spa

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Neptunplatz 1  
50823 Köln  
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## JOURNEY DESCRIPTION

### *By underground/ subway:*

Please take line 3 or 4 to Körnerstraße stop, take exit Neptunplatz - from there it is only a few minutes to Neptunbad on foot.

### *By commuter railway system/ train:*

Take the train to the railway station Bahnhof Ehrenfeld. Then take either the underground to Körnerstraße stop and continue as described above or walk down Venloerstraße for approximately 8 minutes in the direction of city center until you reach Neptunplatz on the right.

### *By car:*

You can reach Neptunbad car park via Venloerstraße. Please turn into Neptunplatz and follow the road in the direction of Vogelsangerstraße. The entrance to the Neptunbad underground car park is on the right. Please notice, that the entrance to the public underground car park is situated directly next to the Strauss store. At the public car park, public parking fees apply.

For further information go to [Google Maps](#).



# NEPTUNBAD

Sports & Spa  
SEIT 1912

## Opening Hours

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- **Sauna:** daily from 9am to 12pm
- **Fitness:** Monday to Friday from 7am; Saturdays, Sundays and public holidays from 9am.
- **Christmas Eve & New Year's Eve:** 9am to 5pm
- **New Year's Day:** 11am to 12pm

## Admission Charges for Sauna

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### MONDAYS TO FRIDAYS

- 2 hours 21,50 €
- 4 hours 27,50 €
- day ticket 33,50 €

### SATURDAYS, SUNDAYS, PUBLIC HOLIDAYS & CHRISTMAS HOLIDAYS

- 2 hours 24,50 €
- 4 hours 30,50 €
- day ticket 36,50 €

### SPECIAL OFFERS

- 11 x 2 hours 215 €
- 11 x 4 hours 275 €
- 11 x day ticket 335 €

### COURSE OFFERS

- 11 x 1 Course of choice 176 €

### VOUCHERS

In our online voucher shop you can order your vouchers and print them out directly at home. You can also find an overview of all special offers: from day tickets, various vouchers etc. to numerous massages and several wellness packages.

Click [here](#) to access our voucher shop.



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## SAUNA IN NEPTUNBAD – Relax in Style

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Neptunbad offers you two very exceptional sauna areas: the very old and historical sauna area which is still under monument protection and the very modern and Asian-style sauna and pool area. There are also several very atmospheric relaxation rooms and a beautiful sun terrace.

**Please note:** The wearing of swimwear is not permitted in our saunas, our pools and the complete sauna area. Bathrobes and towels are of course welcome.

## OUR RESTAURANT – Enjoy in Style

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Our Jugendstil restaurant is the perfect place to round off your training and wellness day. Our international cuisine offers you excellent menus, light salads, tasteful pasta-dishes and fancy specials. We are specially proud of the high quality of our fresh and rich-in-vitamin ingredients, which guarantee a most enjoyable, healthy and tasty meal!

The BadenBaden restaurant and bar, which is located to the left of the main building, is open to the public and provides a cosy atmosphere and a beautiful beer garden in the summer.



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## FITNESS – Exercise in Style

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In top form and fitter as never before!

In the unique ambience of our 13 meter high Jugendstil hall located right in the center of Cologne, we offer our members, in our 5.000 square meter facility, the perfect training for every age and every level of fitness. We will help you reach your individual goals, whether it is to raise your level of fitness, to increase your body-strength, to lose weight or to cure those troublesome back problems. Our gym offers a full range of courses and strength and conditioning machines. Our fitness coaches develop in cooperation with you a very personal fitness plan which is tailored to your individual requirements and personal goals.

Please note, that our fitness area is only accessible to members.

Non-member holders of single or 11-course-passes can participate in all courses.

For further information check out our course schedule.

## MEMBERSHIP

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As a Premium Club Sports & Spa Center, we are committed to providing an outstanding service to all our members and guests, so that they can enjoy undisturbed fitness and wellness. Join our gym now and enjoy our complete fitness and wellness facilities: for as little as 22 Euros a week.

***Call now for a personal appointment with one of our fitness and wellness experts:***

Telephone: 0221 71007.899

Email: [info@neptunbad.de](mailto:info@neptunbad.de)



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## NEPTUNBAD SPECIALS – Our Special Packages

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Take a break from your daily stress and come and relax in the beautiful ambience of Neptunbad!

We offer a great range of wellness packages: starting from „kleine Auszeit für uns“ (A little time for us), over „entspannter Morgen“ (relaxing morning) to „Gemeinsam genießen“ (enjoy together). We have the perfect package for every wish. Our sauna and pool area provides a wonderfully relaxing atmosphere for short and long visits.

For further information click [here](#).

## BEAUTY & MASSAGES

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Neptunbad has developed a massage and beauty center of extraordinary quality. In a calm and exclusive atmosphere, we offer a variety of wellness treatments for body and soul.

*Please arrange an appointment at our reception or call us:*

Telephone: 0221.7100777

For further information click [here](#).



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